



FENS Summer School on “Translating scientific findings into nutritional recommendations”

(Conducted by the Serbian Nutrition Society and the Faculty of Pharmacy, University of Belgrade, on behalf of the Federation of European Nutrition Societies (FENS))

The FENS summer schools consist of one week courses focusing on different topics in nutrition research with the aim to build up a network of young European nutritionists over the long run. Thus, the courses are tailored to students (master/doctoral) and post-docs. This course is addressing young scientists preferentially with an epidemiological or public health background that would like to get up to date knowledge how to translate scientific findings into recommendations, particularly food based dietary guidelines.

In this summer school, you will meet the leading experts from Europe in this field but also many local scientists from a very interesting region of Europe. The lectures span from generating single study results over meta-analysis to novel approaches in food based dietary guidelines.

The FENS summer school intends to support professional and personal capacity building by providing a stimulating atmosphere for one week that could be used to update the knowledge, to learn about perspectives of scientific approaches, and to build up own networks with nice people.

When: 20th – 24th 2018

Where: Hotel M, Belgrade (<https://www.hotel-m.com/>)

Size: maximal 40-50 Students

Costs: No summer school fee but fee of 70.00 € for coffee breaks, copies of lecture material and one social event

Local organizer: Prof. Dr. Sladjana Sobajic

Application: Contact for further information, registration and payment method: vanja.todorovic@hotmail.com

Local information: Contact for information about Serbia, Belgrade, accomodation possibilities, weather, events: smiljka.tasic@bpsa-serbia.org

Each day consists of 4 units (9:00 to 10:30; coffee break; 11:00 to 12:30; lunch; 14: to 15:30; coffee break; 16: to 17:30)

The summer school will be credited with 1.5 ETCS (successful examination required)

List of selected Summer school topics:

- Generating evidence: from experimental science to human experimental studies
- Good practice for human intervention studies
- Population intake studies in the region
- The global burden approach: dalys as unifying concept of rating impact
- Public Health Nutrition: Opportunities to contribute to recommendations
- The Nordic FBDG experience
- Detailed FBDGs on food level: Consideration for future developments
- Translation of scientific data into consumer-oriented information
- FAO/WHO and EFSA guidelines for development of FBDGs
- Development of FBDGs for elderly as a target group

The invited lecturers for this FENS Summer school are:

- ✓ Heiner Boeing, FENS president , German Institute of Human Nutrition Potsdam-Rehbruecke, Germany
- ✓ Philip Calder, University of Southampton, Great Britain
- ✓ Mikael Fogelholm, University of Helsinki, Finland
- ✓ Carl Lachat, University of Ghent, Belgium
- ✓ Sandra Grujicic, Faculty of Medicine, University of Belgrade, Serbia
- ✓ Dragana Jovic, Institute of Public Health of Serbia, Serbia
- ✓ Milka Popovic, Institute of Public Health of Vojvodina, Serbia
- ✓ Danijela Ristic Medic, Institute of Medical Research, University of Belgrade, Serbia
- ✓ Sabrina Schlesinger, German Diabetes Center Düsseldorf, Germany
- ✓ Sladjana Sobajic, Faculty of Pharmacy, University of Belgrade, Serbia
- ✓ Milka Sokolovic, EUFIC, Bruxelles, Belgium
- ✓ Igor Spiroski, Institute of Public Health of the Republic of Macedonia, Macedonia
- ✓ Inge Tetens, University of Copenhagen, Denmark
- ✓ Lucas Schwingshackl, German Institute of Human Nutrition Potsdam-Rehbruecke, Germany

